



Pennsylvania Spectrum Site List

Adams County

Gettysburg College
717.337.6202

Allegheny County

Jefferson Regional Medical Center
Jefferson Wellness Center
714 Clairton Boulevard
Pleasant Hills, PA 15236

And

4584 Browns Hill Road
Pittsburgh, PA 15217

Program Director: Lexi Robinson
E-mail: lexi.robinson@jeffersonregional.com
Phone: 1-888-ornish-4-u
1-888-676-4744

Berks County

Valhalla Health & Fitness Club
4970 DeMoss Road
Reading, PA 19606
610.779.6006
Deb Stiller or Janet Hangen
dstiller@valhallahc.com
jhangen@valhallahc.com

Butler County

Butler Memorial Hospital
Diabetes Center
113 Woody St
Butler PA 16001
Program Director: Joyce Rudolph
Phone: 724-284-4374
Email: jlr.cde@butlerhealthsystem.org

Butler Whole Health
2001 Ehrman Rd
Cranberry Twp PA 16066
Program Director: Miriam Wilson
Phone: 724-631-0053
Email: Miriam.wilson@butlerhealthsystem.org

Cambria County

John P. Murtha Neuroscience and Pain Institute
1450 Scalp Ave., Suite 120
Johnstown, PA 15904
Program Director: Barbara Duryea
Phone: 814-269-5241
Email: bduryea@conmaugh.org

St. Francis Hospital

108 Franciscan Way
Loretta, PA 15940
Program Director: Melinda Krimmel
Phone: 814 472 2783
Email: mkrimmel@francis.edu

Cumberland County

The Hetrick Center
717.796.2225

Dauphin County

The Hetrick Center
717.796.2225

Erie County

Hamot Heart Institute
Sterling Square, Suite 211
3330 Peach Street
Erie, PA 16508
Program Director: Walter Horner
E-mail: walter.horner@hamot.org
Phone: 814-877-5481

Indiana County

Indiana Regional Medical Center
835 Hospital Rd
Indiana PA 15701
Program Director: Nancy Smith
E-mail: nsmith@indianarmc.org
Phone: 724-357-8088

Lawrence County

Jameson Health System
1211 Wilmington Avenue
Room 430
New Castle, PA 16105
Program Director: Lori Brothers
E-mail: lbrothers@jamesonhealthsystem.com
Phone: 724-656-4660

Northampton County

Advantage Nutrition and Wellness
Northampton County
2005 City Line Road, Suite 104
Bethlehem, PA 18017
Program Director: Jennifer Doane
Email: JDoane@advantagenutritionandwellness.com
Phone: 610.443.1885

Schuylkill County

Schuylkill YMCA
520 North Centre Street
Pottsville, PA 17901
Kathleen Tone
ymcafit@comcast.net
570.622.7850

Union County

Evangelical Community Hospital
Community Health Education
7095 West Branch Highway
Lewisburg, PA 17837
Program Director: Megan Bollinger
Phone: 570-768-3200

Washington County

W.R Cameron Wellness Center
240 Wellness Way
Washington, PA 15301
Program Director: Jacqueline Clemons
Email: jclemons@washingtonghospitals.org
Phone: 724-250-5207

Mon Valley Hospital
1163 Country Club Road
Monongahela, PA 15063
Program Director: Randall Komacko
Phone: 724-379-1960
Email: ornishstaff@monvalleyhospital.com

Westmoreland County**Excelsa Health Hospitals:****Excelsa Health Frick**

508 South Church Street
Mt. Pleasant, PA 15666

Excelsa Health Latrobe

121 West Second Ave
Latrobe, PA 15650

Excelsa Health Westmoreland

532 West Pittsburgh Street
Greensburg, PA 15601

Excelsa Health Westmoreland @ Jeannette

600 Jefferson Ave
Jeannette PA 15644

Contacts for all Excelsa Health Hospitals

Program Directors: Barb Liptak and Nancy Urick
E-mail: bliptak@westmoreland.org
nurick@westmoreland.org
Phone: 1-877-771-1234



West Virginia Spectrum Site List

Charleston Area Medical Center, Inc.

3200 MacCorkle Avenue, SE
Charleston, WV 25304
Program Director
Ed Haver
Phone: 304/388-9520, direct
304/388-9411, inquiries
Fax: 304/388-9422
E-mail: ed.haver@camc.org

St. Mary's Medical Center

2900 1st Avenue
Huntington, WV 25702
Program Director
Mona Wilson
Phone: 304/526-1253
Fax: 304/526-8807
E-mail: mona.wilson@st-marys.org
Phone: 304/526-1253

West Virginia University Hospitals, Inc.

Medical Center Drive
Morgantown, WV 26506-8120
Program Director
David Harshbarger
Phone: 304/598-4000 x3079, direct
304/293-2520, inquiries
Fax: 304/293-3725
E-mail: harshbargerd@rcbhsc.wvu.edu
Web: www.hsc.wvu.edu/wellness/ornish

The Wellness Center at City Hospital

2000 Foundation Way
Suite 1200
Martinsburg, WV 25401
Phone: 304/264-1000 ext. 1814
Fax: 304/264-1331
E-mail: ddjarnett@cityhospital.org