

# Discover Relaxation Within Locations Near You – Western (BCBS)

## ALLEGHENY COUNTY

Allegheny Valley YMCA  
Natrona Heights  
Phone: 724-224-9500

Baierl Family YMCA  
-Franklin Park  
Phone: 724-934-9622

Destination Wellness  
-Pittsburgh Mills Mall  
Phone: 724-274-5208

Fritz Physical Therapy  
1597 Washington Pike  
Bridgeville, Pa 15017  
412-278-1221

Jefferson Regional Medical  
Center  
Pittsburgh  
Phone: 412-469-7100

Penn Hills YMCA  
Phone: 412-795-2600

Western Area YMCA  
Robinson Township  
Phone: 412-787-9622

## BEAVER COUNTY

**\*PA Cyber**  
**Midland, PA 15059**  
**Phone: 724-643-1180**  
**EXT: 1121**

Penn State Beaver  
Phone: 814-865-3085

## BEDFORD COUNTY

Bedford ProCare Health  
and Fitness  
Everett  
Phone: 814-624-2497

## BLAIR COUNTY

Altoona ProCare Health  
and Fitness  
Phone: 814-941-7708

Roaring Spring ProCare  
Health and Fitness  
Phone: 814-224-5566

## BUTLER COUNTY

BHS WholeHealth  
Phone: 724-631-0113

Butler Memorial Hospital  
Phone: 724-284-4403 or  
724-284-4232

Passavant Retirement  
Community  
Zelienople  
Phone: 724-452-3534

## CAMBRIA COUNTY

Greater Johnstown  
Community YMCA  
Phone: 814-535-8381

St. Francis University  
Loretto  
Phone: 814-472-2783

## CLEARFIELD COUNTY

Penn State Dubois  
Phone: 814-865-3085

Philipsburg ProCare Health  
and Fitness  
Phone: 814-342-3930

## CRAWFORD COUNTY

Mind-Body Wellness Center  
at the Meadville Medical  
Center  
Phone: 814-333-5060

Titusville Area Hospital  
Phone: 814-827-1851 ext. 548

## ELK COUNTY

Elk Regional Health  
System  
St. Marys  
Phone: 814-788-8707

## ERIE COUNTY

Eastside YMCA  
Phone: 814-899-9622

## Glenwood YMCA

Phone: 814-868-0867

## Hamot Health Connection

Phone: 814-877-6145

## St. Vincent Health System

Phone: 814-866-4817

## FAYETTE COUNTY

Uniontown Area YMCA  
Phone: 724-438-2584

## HUNTINGDON COUNTY

Huntingdon ProCare  
Health and Fitness  
Phone: 814-643-4151

## INDIANA COUNTY

Indiana Regional Medical  
Center  
Community Services  
Phone: 724-357-8088

## LAWRENCE COUNTY

Jameson Health System  
Phone: 724-656-4270

## MERCER COUNTY

Shenango Valley YMCA  
Phone: 724-981-6950

## SOMERSET COUNTY

Somerset Hospital  
Phone: 814-443-5735

Windber Medical Center  
Phone: 814-467-3485

## VENANGO COUNTY

Oil City YMCA  
Phone: 814-677-3000

## WARREN COUNTY

Warren General Hospital  
Phone: 814-723-4973 x 1701

## WASHIONGTON COUNTY

Mon Valley YMCA  
Phone: 724-483-8077

Wilfred R. Cameron  
Wellness Center  
Phone: 724-250-5227

## WESTMORELAND COUNTY

Epiphany Counseling &  
Wellness Center  
Murrysville, Pa  
Phone: 724-387-1650

Excelsa Health Frick  
Hospital  
Phone: 1-877-771-1234

Excelsa Health Latrobe  
Hospital  
Phone: 877-771-1234

Excelsa Health  
Westmoreland Hospital  
Phone: 1-877-771-1234

Penn State  
New Kensington, Pa  
Phone: 814-865-3085

Our network is expanding.  
Call 1-800-879-2217 for current locations.

\* Indicates newly added location